

## Summer's Bounty:

# A seasonal cooking class series focusing on the plethora of fresh produce available through CSAs and Farmers Markets

Learn exciting new recipes to introduce more fruit and vegetables into your family's meals. Each class will feature a demonstration of 4-5 recipes and attendees will receive a packet of multiple recipes to take home.

**Thursday, August 5 | 6p - 9p**

Demonstrating: Grilled Eggplant Parmesan  
Prosciutto & Melon Crostini  
Caprese Risotto  
Sweet Corn Succotash

Recipes include: Jalapeno Sliders, Honeydew Margarita, Grilled Peaches with Mascarpone & a Balsamic Reduction, Grilled Stuffed Bell Peppers, Sweet Corn Cornbread, No Cook Tomato Sauce, Greek Panzanella Salad, Spicy Grilled Tomatoes with Oregano

Classes will be held from at Bolton & Hay, 2701 Delaware Avenue, Des Moines.

\$50 per person or \$180 for the entire series

To register, visit [www.boltonhay.com](http://www.boltonhay.com) and click on the Cooking Classes link in the left navigation

